

Champions for change

African Americans creating a healthier world through sports

2015 African American History Calendar

Patricia Kelly – video transcript

It appears as though we are teaching children how to ride horses, and certainly, mechanically, that's exactly what we're doing.

But what we're really trying to do is heal them.

In order to effectively work with a horse, you have to control yourself; you have to heal yourself. You have to bring yourself into a position or a point where you can effectively understand what this horse is doing and work with the horse.

In order to work with kids today, you have to meet them where they are. My time is done. That era is over. I have to understand what these kids are going through now and bring some wisdom to that.

If I try to impose how it used to be, I've lost them. It's done. I have to be able to understand how it is.

And these are bright, articulate, hopeful children that need opportunities, experiences and some resources.

And that's what we're trying to do here – bring them into their best selves so that they can go out into the world and reach their dreams and their goals.